



TEJAS SPA

REFRESH ENLIVEN ENERGIZE

Tejas Spa name is inspired by the Sanskrit word meaning inner beauty or inner power and your five senses will experience just that under the life – giving hand of our staff.

Promising an experience that honors the healing traditions of the region, each Tejas spa delivers an individual and authentic encounter combining the therapeutic properties of natural local ingredients and the healing practices of the area, these age-old practices together with modern approaches to health and well-being results in a tailored one-of-a-kind experience, tejas spa offers a consistently unique and uplifting opportunity for refresh , enliven , and energize your inner beauty and inner power.

“Tejas spa vision is to be best health and wellness spa by providing inspired treatment, teaching our clients healthy practices and fostering wellness education

NATURE-INSPIRED HEALING RITUALS

Tejas spa at Adiwana Unagi inspired by sense of healing and calmness through the gentle sound of flowing river water and nature. It blends Our spa experiences are inspired by the beautiful natural surroundings of Bali rivers, rice fields, jungles, and sacred water springs. Each treatment is carefully designed to help you relax, feel refreshed, and reconnect with yourself.

We use natural ingredients, traditional Balinese healing techniques, and peaceful settings to create a special journey for your body and mind. Whether you're listening to the sound of flowing water, feeling the warmth of stones, or taking part in a gentle water blessing, every detail is chosen to help you feel calm and renewed.

This is more than a spa treatment it's a chance to slow down, feel nature's energy, and return to your inner peace. traditional Balinese features with a range of facilities, treatments and programs to help your wellness routine. the healing hands of our skilled therapists through specialty treatments and individual journeys that ensure your senses are balanced and mind is blissful.



SIGNATURE TREATMENT

RIVER BLISS JOURNEY | 120 minutes

*Herbal footbath, Flowing Balinese massage,
Cooling Cucumber & Aloe vera wrap, Head, and Shoulder*

Let the gentle flow of the river guide you into deep relaxation. This experience is designed to reconnect you with nature's rhythm calming your mind and reviving your body through a soothing herbal foot ritual, flowing Balinese massage, refreshing cucumber and aloe vera body wrap, and a relaxing head & shoulder massage, all concluded with herbal tea served by the riverside.

IDR 1.000.000++ /person

IDR 1.500.000++ /couple

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JUNGLE SPIRIT AWAKENING | 120 minutes

*Grounding foot ritual, Full body bamboo scrub, warm river stone massag
Forest soundscape meditation, water blessing ceremony*

A soul-cleansing journey inspired by the healing spirit of the jungle. This ritual begins with a purifying foot ritual, followed by a detoxifying bamboo body scrub that stimulates circulation and removes dead skin cells. Next, a deeply relaxing full-body massage is performed using warm river stones and native herbal oils, easing muscle tension and promoting energy flow. The treatment transitions into a meditative state with a forest soundscape, immersing the senses in nature's rhythm. The experience concludes with a traditional water blessing to renew the spirit and connect with the sacred energy of the jungle.

IDR 1.800.000++ /person

IDR 3.000.000++ /couple

SACRED WATERS RITUAL | 120 minutes

Balinese water blessing, grounding foot ritual, meditative Deep flow body massage, cool stone face therapy, Hydrating body mask, reflection journal

Inspired by Bali's ancient water purification traditions, this ritual invites you to cleanse the body, mind, and soul. Begin with a symbolic water blessing at the sacred fountain, followed by a deeply healing treatment that restores your inner flow. Ideal for emotional release, setting new intentions, or simply returning to your natural state of peace.

IDR 1.800.000++ /person

IDR 3.000.000++ /couple

JUNGLE LOVE CEREMONY | 120 minutes

Grounding foot ritual, Jungle body scrub, warm oil massage, river sound meditation, water blessing ceremony

A deeply bonding ritual set against the soothing backdrop of the jungle and flowing river. This experience is designed for couples to cleanse, reconnect, and flow in harmony just like water. Combining elements of earth and water, the ritual symbolizes purification, love, and unity. It brings two hearts into balance through nature's most sacred forces.

IDR 1.600.000++ /person

IDR 2.200.000++ /couple

RIVER STONE DETOX MASSAGE | 60 minutes

Warm river stone anointed with massage oil are placed on the chakra energy centres and massaged over the body to melt away stress and tension. The heater stones promote a deep state of relaxation and clarity of mind.

IDR 650.000++ /person

IDR 1.150.000++ /couple

BALINESE MASSAGE

This massage uses the traditional balinese technique of firm finger and palm pressure together with long stimulating strokes. Performed with your choice of essential oil blend, this local therapy eases body tension and invigorates the senses.

60 minutes IDR 550.000++ /person

90 minutes IDR 650.000++ /person

60 minutes IDR 950.000++ /couple

90 minutes IDR 1.150.000++ /couple

TEJAS BODY POLISH YOGURT AND CUCUMBER

An invigorating therapy which will leave your skin feeling smooth, soft, refreshed and glowing. Experience and indulge in any one (or more) of the wide range of body polish formulas that are available and which have been tailored to fit your individual lifestyle and needs.

30 minutes IDR 280.000++ /person

30 minutes IDR 504.000++ /couple

RIVER HARMONY | 90 minutes

Tejas Foot ritual, Hot river stones massage, Express facial

Experience a relaxing to harmonies the body, mind and spirit. Feel your stress and tension melt away under the deep heat of natural river stones applied to strategic energy point of the body.this followed by a nourishing express Facial.

IDR 750.000++ /person

IDR 1.350.000++ /couple

BALINESE BOREH RITUAL | 120 minutes

Tejas foot ritual, Balinese massage, Balinese boreh, Revitalizing herbal bath

This traditional Balinese treatment uses an age old recipe to prevent colds during the rainy season. It involves a paste made from fresh herbs and spices, which is applied to the body to increase blood circulation and ease muscle pain.

IDR 845.000++ /person

IDR 1.605.500++ /couple

ASMARA TEJAS | 180 minutes

Foot ritual, Deep tissue sport Massage, Balinese lulur scrub, Romantic flower bath, Sundariya vadhini

Romantic indulgence for a truly romantic treatment to make you feel your best, with romantic flower bath that connect you with your partner. The experience will conclude with Balinese lulur scrub to exfoliate the dead skin cell and a total relaxing massage bringing you to mutual level of relaxation.

IDR 1.350.000++ /person

IDR 2.565.000++ /couple

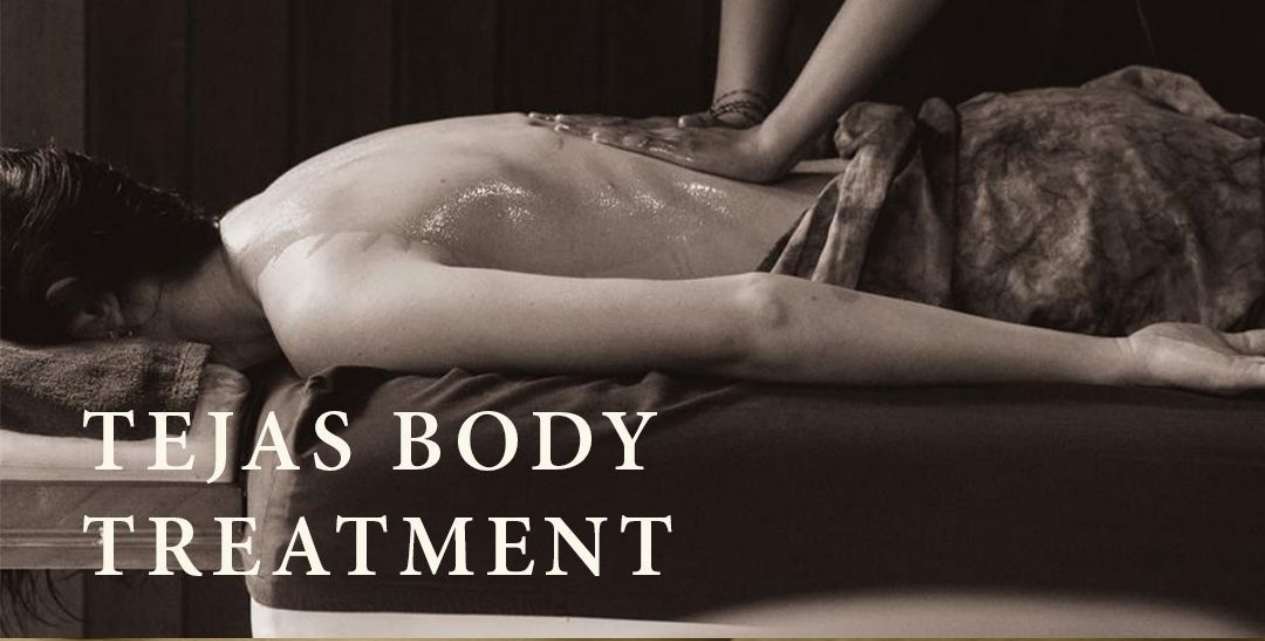
TEJAS JOURNEY | 180 minutes

Product demonstration, Tejas Foot Ritual, Tejas seamless experience massage, coconut Body scrub, Unagi Bath, Light meal, Spa gift at your choice

Tejas spa at adiwana unagi present an inspiring collection of experiences that unveil bali's traditional healing and beauty secret. Many ritual at Tejas spa make use of indigenous ingredients to naturally cleanse and nourish the skin. Guest will have the opportunity to demonstrate how to prepare the fresh ingredient to produce wholesome coconut scrub.and followed by a replenishing spa treatment to counteract the effect of modern lifestyle. Finally a nutritionally balanced light meal is served to bring this experience encounter full circle. A spa gift is presented upon conclusion as a small keepsake of the journey.

IDR 1.350.000++ /person

IDR 2.565.000++ /couple



TEJAS BODY TREATMENT

ABHYANGAM | 60 minutes

Full Body Massage with Medicated Oil

Abhyangam is the principal healing tool and the mother of all massages in Ayurveda. It is known to have healing benefits by naturally harmonizing body, mind, and spirit. It is treatment effectively detoxifies, nourishes and revitalizes your whole body to improve general wellness. It stimulates blood circulation, diminishes cellulite, enhances sleep quality, promotes vitality and reduces vata imbalances. It is recommended for the alleviation of stress, stiffness and arthritic backache.

IDR 560.000++ /person

IDR 1.008.000++ /couple

TEJAS SEAMLESS EXPERIENCE | 90 minutes

Four Hand Massage

Experience a unique and innovative Asian fusion massage that is enriched with Ayurvedic Techniques. This massage is personalized to suit your bio- energy level, the focus being complete relaxation of mind, body and soul. To ensure a seamless experience from head to toe which will allow you do drift into a heavenly unforgettable Tejas spa therapy, our signature therapy is performed by two therapist.

IDR 750.000++ /person

IDR 1.350.000++ /couple



TEJAS BEAUTY TREATMENT

BALINESE LULUR BODY SCRUB | 30 minutes

Lulur is an exfoliation that has been practiced in a palace of Bali. Lulur softens your skin and leaves your skin smoother and fresher looking. Suitable for all skin types.

IDR 350.000++ /person

IDR 600.000++ /couple

COCONUT BODY SCRUB | 30 minutes

Stimulates the rejuvenation process by exfoliating dead skin cells. With fresh coconut body scrub is good for restoring moisture and adding a healthy skin. Suitable for oily skin.

IDR 350.000++ /person

IDR 600.000++ /couple

COFFEE BODY SCRUB | 30 minutes

A coffee scrub will slough away your dead skin cells, increase circulation and deliver brighter, silky smooth skin with perfection.

IDR 350.000++ /person

IDR 600.000++ /couple

SUNDARIYA VARDDHINI

This Ayurvedic beauty regime helps firm and shape facial features as well as to improve your complexion. The application of a face pack and cream made from herbal ingredients is followed by a face, head and neck massage using herbal infused oil. It is suitable for all skin types and works well for pimples, flecks, wrinkles, sagging and eyelash loss.

30 minutes IDR 350.000++ /person

60 minutes IDR 600.000++ /person

30 minutes IDR 630.000++ /couple

60 minutes IDR 1.044.000++ /couple



BATH RITUAL

TEJAS BATHING RITUAL

Started by the Romans as far back about 500Bc, the art of immersing yourself in baths will generate a balance of senses leaving you inspired with calmness. The bath could be experienced with your loved one in the privacy of your villa room or at the Tejas Spa.

ROMANTIC FLOWER BATH | 30 minutes

The degree of togetherness and closeness you share with your partner during this time is nearly unmatched by any other romantic moment. A romantic bath can ease away a stressful day. Making the most of this romantic ritual can light just about anyone's romantic fire.

IDR 350.000++ /person

IDR 600.000++ /couple

REVITALIZING HERBAL BATH | 30 minutes

A Revitalizing herbal bath is a great way to relax and relieve tension, soothe aching muscles and joint, stimulate blood circulation, and help chase away a cold. Each unique blend of herbal enhances the natural healing and soothing effects of warm bath.

IDR 350.000++ /person

IDR 600.000++ /couple

UNAGI BATH | 30 minutes

Experience of Unagi bath secret with a sensual bath a slice cucumber,lemon,lime and essential oil. Unagi bath relieved stress, nourishes the skin, boots immunity and improves blood circulation. of warm bath.

IDR 350.000++ /person

IDR 600.000++ /couple